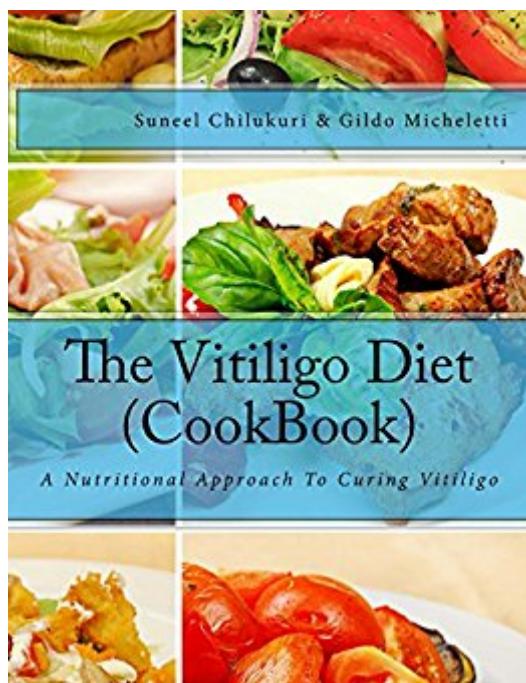


The book was found

The Vitiligo Diet (CookBook): A Nutritional Approach To Curing Vitiligo



Synopsis

This cookbook contains 150 easy-to-prepare recipes in order to make your vitiligo healing journey as simple and fool-proof as possible. Turbo-charge your body to enhance the re-pigmentation process!The Vitiligo Diet (CookBook) contains 150 recipes, spanning breakfast, lunch, dinner, snacks, and desserts. Many are vegetarian, and absolutely all are strictly based on healthy, anti-vitiligo diet principles. As these principles are based on optimizing an anti-inflammatory balance in your body (to restore the melanocytes' function), this diet will also help to protect you against many ailments, including heart disease, diabetes, cancer, and arthritis. Everyone who used this cookbook reports not only rapid re-pigmentation of their vitiligo, but also feeling the best and healthiest ever...Here's is a small sample of what you will find in The Vitiligo Diet (CookBook):-An Amazing 150 Anti-Vitiligo Recipes Including Breakfast, Lunch, Dinner, Snacks and Desserts-The Vitiligo Diet Principles and Benefits Revealed-Many Suitable Recipes for Vegetarians and People With Allergies, Intolerances and Special Requirements-Guidelines That Will Help You Make Any Meal You Prepare Powerful in its Anti-Vitiligo Properties-Quick, Easy-To-Prepare Recipes that Will Save You Time and Energy-Powerful Recipes That Will Help Protect Your Family Members from Ever Developing Vitiligo-And Much Much More...

Book Information

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Customer Reviews

The cover is misleading. I thought it would be full of beautifully colored pictures of the food but it is low quality black and white printing on the inside and just a handful have pictures. I'm thankful for thought out recipes for the disorder though. Another weird thing it talks about how pears are not one of the best food for someone with vitiligo but then some of the recipes have pears in them.

Insteresting

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The Vitiligo Diet (CookBook): A Nutritional Approach To Curing Vitiligo Vitiligo causes, remedies, costs and treatment all included. The complete Vitiligo Book. HCG Diet: HCG Diet Plan: HCG Diet Cookbook with 50 + HCG Diet Recipes and Videos - HCG Diet for Beginners: HCG Diet Plan - Follow HCG Diet Plan (HCG ... HCG Diet for Beginners, HCG Phase 3) Paleo Diet: 1001 Best Paleo Diet Recipes of All Time (Paleo Diet, Paleo Diet For Beginners, Paleo Diet Cookbook, Paleo Diet Recipes, Paleo, Paleo Cookbook, Paleo Slow Cooker, Paleo Diet Meals) Atkins Diet: Dr Atkins New Diet Revolution - 6 Week Low Carb Diet Plan for You (Atkins Diet Book, Low Carb Cookbook, Atkins Diet Cookbook, High Protein Cookbook, New Atkins Diet) Ketogenic Diet: Ketogenic Diet Mistakes to Avoid for Rapid Weight Loss (Ketogenic Diet for Weight Loss, Ketogenic Diet for Beginners, Diabetes Diet, Paleo Diet, Anti Inflammatory Diet, Low Carb Diet) South Beach Diet: South Beach Diet Recipe Book: 50 Delicious & Easy South Beach Diet Recipes (south beach diet, south beach diet recipes, south beach diet beginners guide, south beach diet cookbook) Paleo Diet: 365 Days of Paleo Diet Recipes (Paleo Diet, Paleo Diet For Beginners, Paleo Diet Cookbook, Paleo Diet Recipes, Paleo, Paleo Cookbook, Paleo Slow Cooker, Paleo For Beginner, Paleo Recipes) Ketogenic Diet: Ketogenic Diet Mistakes You Need To Know **BONUS** 30 Day Accelerated Fat Loss Meal Plan! (ketogenic diet, ketogenic diet for weight loss, ... diet, paleo diet, anti inflammatory diet) PALEO: Paleo Diet For Rapid Weight Loss: Lose Up To 30 lbs. In 30 Days (Paleo diet, Paleo diet for weight loss, Paleo diet for beginners, Diabetes diet, Ketogenic diet, Anti inflammatory diet) Ketogenic Diet: The Best Diet For Rapid Weight Loss: Over 21 Recipes & Meal Plans Included (Ketogenic Diet, Seizure Diet, Anti Inflammatory Diet, High ... Diet, Epilepsy Diet, Paleo, Ketosis Foods) Paleo Diet: Paleo Diet For Beginners, Lose Weight And Get Healthy (Paleo Diet Cookbook, Paleo Diet Recipes, Paleo Diet For Weight Loss, Paleo Diet For Beginners) Dash Diet: Top 45 Dash

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